

# RFK JR'S NUCLEAR CHILLI

## INGREDIENTS



- 3 lbs ground beef , or use half sausage and half ground beef
- 1 green pepper , diced
- 1 red bell pepper , diced
- 1 medium onion , diced
- 3 small jalapeno peppers , diced (seeds and veins removed for less spice)
- salt and pepper
- 2 teaspoons garlic powder
- 1/3 cup chili powder
- 1 1/2 Tablespoons cumin
- 1 1/2 cups ketchup
- 3 Tablespoons lime juice
- 1 Tablespoon brown sugar
- 1 Tablespoon Worcestershire sauce
- 2 teaspoons vinegar
- 1 1/2 teaspoons mustard
- 3 cups spicy hot V8 , or regular
- 16 oz can kidney beans
- 1 14.5 oz can fire roasted tomatoes
- salt and pepper

## DIRECTION

1. In a large saucepan, brown the ground beef and ground sausage (if using), with a wooden spoon to break it into small pieces as it cooks. Drain most of the grease and remove meat to a plate.
2. Add onion, bell peppers, and jalapeño peppers to the pot and sauté on medium high heat for 2-3 minutes.
3. Add spices, ketchup, lime juice, brown sugar, Worcestershire, vinegar, mustard, and V8. Stir well. Add beans, tomatoes, and salt and pepper.

4. Return the ground meat to the pot and bring the mixture to a low boil. Turn to a low simmer, cover, and cook for 1-2 hours.